



9th December 2016

Assalamualaikum wa Rahmatullahi wa Barakatuhu

Dear Parents / Carers,

Re: 'Parenting Programme Spring/Summer Term 2017'
Strengthening Families Strengthening Communities (SFSC)

Thank you for your responses regarding a suitable timing for conducting Parenting programme for our school parents. The timings for the course which suits most of the parents, is Wednesdays AM – from 9 am to 12 am.

I am pleased to inform you that this course will commence from Wednesday 11th January 2017 from 9 am to 12 am Insha'Allah.

As mentioned in the previous letter, this **SFSC** program, run by Royal Borough of Kensington and Chelsea, is a 14 week programme for parents with children aged three to twenty five years old. Each session is three hours long and they are held once a week at Al Muntada Primary School.

We will be having two Muslim sisters running this course; speaking in Somali and Arabic language alongside English.

The course empowers mums, dads and carers, helping them to forge positive relationships with their children and others.

Parents and carers learn strategies and are given tools to:

- *build close and warm relationships with their children*
- *foster self-esteem in their children*
- *deal confidently with risky situations by supporting parents to understand their important role in preventing vulnerable young people from getting involved in crime, gangs, drugs or supporting extremism*





- *Improve parenting skills of parents; to encourage better relationships between parents and children so that parents can fill the space where gang leaders, extremists and other negative influences try to operate.*
- *manage anger*
- *Improve the understanding of parents of mainstream support services and structures available to help parents.*

The group shares their experiences and work together towards solutions with the support of the facilitators. **All discussions will be strictly confidential.**

Information resources are provided for further support after the course has finished, and they will also be connected to community resources to further reduce the risk of isolation.

To be a part of this programme you will have to register yourself. As there are limited spaces for this class, hence we will be offering spaces on first come first serve basis. So hurry to avoid any disappointment. You may register a friend along with you if you wish to.

Please fill in the slip below and hand it in to the School Secretary by 19th December 2016.

Wassalaam

Yours sincerely



Anjum T Qazi
Deputy Head

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I, _____, parent of _____ from Year _____, would like to register myself in the **'Parenting Programme Spring-Summer Term 2011'** at **Al Muntada School**.

I would also like to register my friend _____ for this programme.

Signature:

Date: